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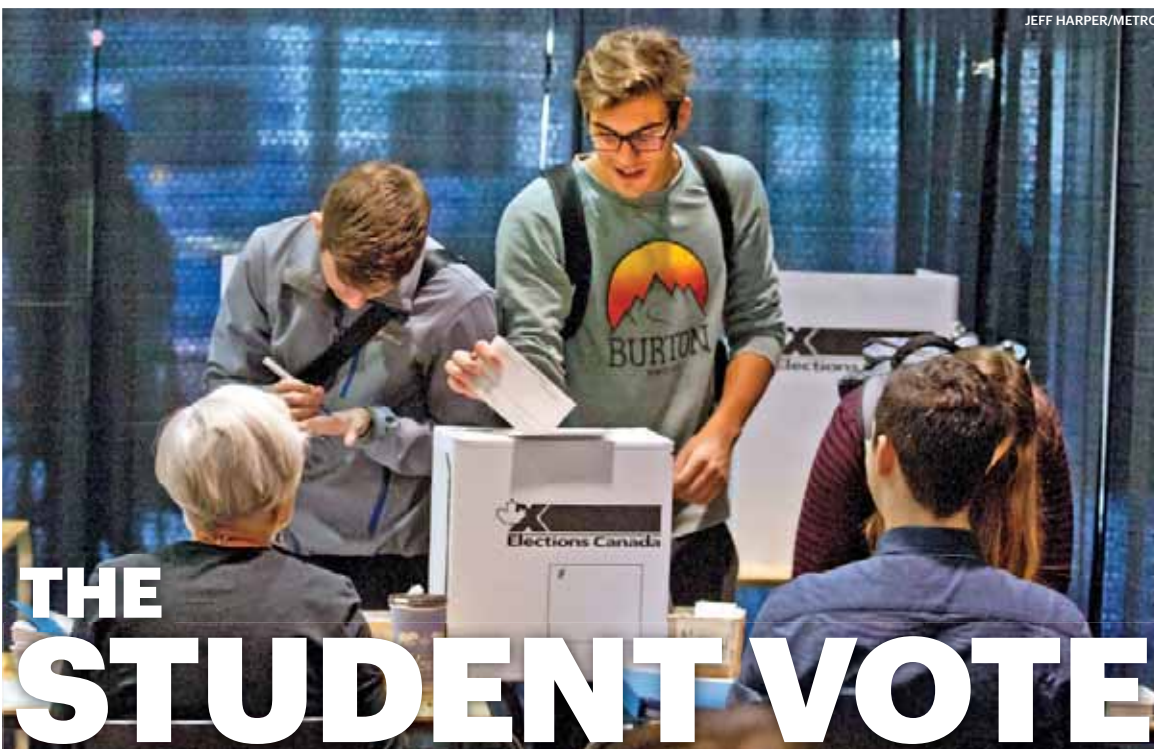
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JEFF HARPER/METRO

THE STUDENT VOTE

DALHOUSIE EXPECTING LARGE TURNOUT FOR ADVANCED POLLS

metroNEWS

PLUS: READY TO ENGAGE in Halifax — Daily election page in metroNEWS

Going green may cost a lot of green

ENERGY

It could cost up to \$4 million if buses switch to natural gas



Stephanie Taylor
Metro | Halifax

Converting Halifax Transit buses from diesel to compressed natural gas may be a cleaner, cheaper option in the long run, but not without millions first doled out in infrastructure upgrades.

On Monday, a manager of bus maintenance with the municipal transit authority said a study has been requested to assess the capital costs of switching the Burnside Transit Centre, which currently uses diesel for the fleet, to compressed natural gas (CNG).

"It would be a slow progression," Wendy Lines said. "We wouldn't be replacing 350 vehicles all at once, it would be far too costly."

Lines estimated retrofitting the existing fuelling and storage of the maintenance centre would cost between \$2 million and \$4 million, which coincides with major renovations already slated for the facility.

"The time to contemplate moving to CNG would be now," she explained.

Despite the price tag for up-front costs, figures show a proposed switchover boasts significant savings.

Lines cited that fuelling up to 199 buses (that would clock an annual mileage of 11.5 million kilometres) with CNG would cost \$0.386 per litre, compared to \$0.71 per litre of diesel.

That translates into more than \$1.8 million in cash saved yearly, excluding the reduced cost of maintenance.

The fleet's gas emissions could also be slashed by up to 23 per cent, Lines added.

But Lines said it's still early, and that depending on the results from the study, a business case would be made for the 2016-17 fiscal year.



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Asbestos adds to demolition cost

ST. PATRICK'S HIGH SCHOOL

Questions raised over decision not to sell facility



Stephanie Taylor
Metro | Halifax

A case of asbestos with a nearly \$400,000 cleanup bill has one

Halifax-area councillor slamming the municipality's decision to demolish the former St. Patrick's High School.

Coun. Matt Whitman of Hammonds Plains-St. Margarets Bay explained that Halifax Regional Municipality should have sold off the parcel of land at 6067 Quinpool Rd. to a private developer, rather than demolish the property itself, after city staff recently revealed "unforeseen asbestos" was found inside the building.

"Surprise, surprise," Whitman

said Monday.

In an information report headed to Halifax regional council Tuesday, staff recommend an increase of \$396,286 to capital demolition and environmental services, which landed a \$1.3-million contract to tear down the building in June.

Demolition work was already underway when asbestos-ridden pipe insulation was discovered in the south wing and old wing of the building, despite two rounds of previous testing, according to



I thought from Day 1, take the unsolicited offer and run.... We could be receiving tax money on it rather than paying to upkeep it.

Coun. Matt Whitman

the report.

The city said the contractor filed a notice of delay last month, pending a contract increase before going ahead with the removal work.

Tuesday's report lists that "les-

sons learned" for HRM includes "investment in increased levels of destructive testing to reduce the risk of unforeseen conditions."

It also calls for a review of the acceptance process in place for the Halifax Regional School

Board's disposal of surplus properties.

However, Coun. Jennifer Watts of Peninsula North cautioned that finding unforeseen costs comes with the territory when working on older buildings.

She explained the extra funds would come out of the project's overall budget of \$4.5 million, which staff are requesting be dropped to just below \$2.5 million in Tuesday's report, "to better reflect the estimated value of the work to be completed."

HALIFAX TRANSIT

New bus drivers wanted

Halifax Transit is looking for new drivers.

The municipal transit provider is holding four information sessions in the next two weeks to answer questions about the job and will take applications starting on Oct. 20.

A posting on the city's website says Halifax Transit is looking for potential bus operators who "enjoy interacting with the public in a service-oriented environment" to create a "resource bank" of drivers to fill positions when they open up.

The information sessions are on Oct. 7 at the Halifax Forum, Oct. 9 at the Dartmouth North Community Centre, Oct. 13 at the Sackville Fire Hall and Oct. 15 at the North Preston Community Centre. METRO



FRENCH NAVY SHIP THAT TRACKS ROCKETS DOCKS IN HALIFAX A crew member of the French Navy ship FS Monge walks past three large dishes connected to the upper deck of the vessel. The ship, which tracks and measures rocket trajectories, was in port in Halifax on Monday. JEFF HARPER/METRO



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HALIFAX

HOUSE FIRE

Accidental blaze kills family's dogs

A Kings County family lost two pets in a fire on Tuesday morning.

The home, located on Highbury School Road, went up in flames shortly after 10 a.m. on Monday.

"I was at the fire hall. When I came by the Big Stop, this was fully involved, and I could see

it from the Big Stop," said New Minas fire chief James Redmond.

According to Google Maps, the Big Stop Restaurant is about one kilometre from the home that burned.

The occupants were lucky to escape without injury considering how quickly the flames spread, Redmond said.

"It got a good start before it got called in," he added.

Firefighters from Kentville and New Minas promptly extinguished the blaze once on scene.

Redmond said he believed the fire started in the lower level of the home.

On Monday afternoon, Redmond confirmed two dogs died in an upstairs bedroom of the house.

The cause was found to be accidental, the chief said.



New Minas and Kentville firefighters battle the flames on Monday. TC MEDIA

MAIL THEFT

Parcels stolen from community box

Do you live in the Hubley, Tantallon or Timberlea areas? Make sure you're not missing any important mail.

Police officers are currently investigating several thefts from "super mailboxes" in those communities, Halifax RCMP said Monday afternoon.

A culprit or culprits used "prying tools" to open mailboxes and steal contents from parcels, police said, adding they believe these crimes happened overnight from Thursday, Oct. 1 to Friday, Oct. 2.

+ HAVE A TIP?

Anyone with information is asked to call police at 902-244-7208 or Crime Stoppers at 1-800-222-8477.

Specific areas affected include Deerwood Lane at Grebe Avenue in Timberlea, Big Hubley Lake Road in Hubley and Rockcliffe Crescent at Pinetree Crescent in Hammonds Plains. METRO

IN BRIEF

School calls 'hold and secure' after parent doesn't check in

A parent was the cause of a "hold and secure" order that was briefly in place on Monday morning at North Queens Community School, officials say.

Jeff Dewolfe, director of programs and student services for South Shore Regional School Board, says an upset adult entered the school and didn't check in. An order to lock the school's doors was put in place, and a call to 911 was made around 9:30 a.m.

RCMP Staff Sgt. Paul MacDougall says the man came to retrieve his son but left unaccompanied 20 minutes later. The RCMP followed up with staff and the parent and determined there were no threats or assaults. TC MEDIA

Woman suffers minor injuries in Trenton hit-and-run

New Glasgow Regional Police are investigating a hit-and-run in Trenton.

Police responded to the scene of the hit-and-run collision at approximately 8:30 p.m. on Sunday night on Main Street, near the intersection with Oak Street.

A 27-year-old woman from Pictou County was struck by a vehicle and knocked to the ground. EHS paramedics treated her for minor injuries.

New Glasgow Regional Police continue to investigate and are looking for the public's assistance in locating a dark-blue SUV-type vehicle that was involved in the collision. TC MEDIA



SAFETY SIMULATION KICKS OFF FIRE PREVENTION WEEK Firefighter Kevin Slaunwhite comes down a smokey hallway during a fire-safety simulation in Dartmouth on Monday as part of Fire Prevention Week. JEFF HARPER/METRO

Police say death of man not suspicious

INVESTIGATION

Case remains open as exact cause is still not yet known



Kristen Lipscombe
Metro | Halifax

The sudden death of a 64-year-old Dartmouth man Sunday "is not believed to be suspicious," police have determined.

The medical examiner's office will be conducting further tests.

Halifax police statement

But the medical examiner's office is still conducting tests to determine the exact cause of the man's death, and the investigation is still open, Halifax Regional Police said late Monday afternoon in a news release.

Officers responded at about 10:50 a.m. on Sunday to the call at an apartment building located at 107 Pinecrest Dr. Forensic investigators were still on scene late Sunday afternoon.

"From what we found on scene, we are treating it as a suspicious death," police spokesman Staff Sgt. Greg Mason said at the time.

The man's body was removed from the Dartmouth building at about 3:30 p.m. on Sunday.

A building superintendent told Metro that the man had lived alone for about five years.



Police respond to a Sunday morning 911 call following the sudden expiration of a 64-year-old Dartmouth resident in his Pinecrest Drive apartment. JEFF HARPER/METRO

CRIME

Man awaiting taxi gets punched in face

Police are looking for two men after someone was punched in the face while attempting to get a taxi in Halifax.

Police say the victim — a 21-year-old man — was standing in the 5100 block of Salter Street around 3:45

a.m. Sunday trying to get a taxi when he was approached from behind and punched in the face.

A witness told police there was also another man who punched the victim, who fell to the ground on the downtown street.

The victim went to the Queen Elizabeth II hospital for unspecified injuries and later called police from the hospital.

The assailants were seen fleeing the scene toward Barrington Street.

METRO

+ DESCRIPTION

Both assailants are described as white men in their 20s, with one having a thick build and balding or buzzed hair.



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Students predicted 'game changers' in the election

DALHOUSIE UNIVERSITY

On-campus poll offers a chance to vote early, easily



Zane Woodford
Metro | Halifax

Students at Dalhousie University lined up in the student-union building Monday — not for coffee or smoothies but to flex some democratic muscle.

Students had a chance to cast their votes a couple of weeks early in an advanced on-campus poll.

The new project, set up by Elections Canada in partnership with the Canadian Federation of Students, allows students to vote for candidates in their home ridings, anywhere in Canada.

"Students are going to be the game changers in the upcoming election," said Michaela Sam, Nova Scotia chairwoman of the Canadian Federation of Students.

Sam said issues like student debt, youth under-employment and unemployment have students across the country engaged in this election.

"Students are going to be coming to these polls in hordes to vote in this election," she said.

Though they had to stand in line for a few minutes, the poll made it easy for students to do just that — and they were taking advantage.

"I love having voting in the student union because I can just go from class, pop over here to



Michaela Sam, the Nova Scotia chairwoman for the Canadian Federation of Students, outside the Dalhousie Student Union building Monday. JEFF HARPER/METRO

Voting's the most important thing you can do as a citizen in a democracy. Why would you not vote?

Dalhousie student Katharina Gref

vote and go back to class," said Dalhousie student and first-time federal voter Katharina Gref.

Gref said she thinks young

people tend not to vote because the issues that matter to them are typically not on politicians' radars, but this time she's see-

ing a difference.

"All of my friends are voting; all of my friends are posting on Facebook about voting. People are getting really passionate about this election," she said.

Fellow student Matt Bernier thinks the on-campus polling station is helping even more. He said he talked to people who weren't planning on voting until they heard they could

do so on campus.

It was Bernier's first time casting a ballot, and he said he feels it's important to get involved.

"It makes me feel like I'm an adult and I'm actually part of society for once," he said.

The polling station will be open between 10 a.m. and 8 p.m. Tuesday through Thursday as well.

TRANS-PACIFIC PARTNERSHIP

Province viewing trade pact cautiously

Nova Scotia's energy minister says the province is taking a cautious approach to the Trans-Pacific Partnership amid concerns that the historic trade pact will harm the agriculture sectors.

Michel Samson said the trade arrangement announced Monday could benefit Nova Scotia's lucrative seafood industry by reducing or removing hefty international tariffs.

Lobster, for example, is worth \$15.5 million in sales in Japan, which has a five-per-cent duty on it.

Overall, Samson said the province is waiting for more information on the trade agreement.

"It's too early at this point to say exactly what the overall impact is going to be," he added. "We do see that there's some potential benefits in the seafood sector, but we're certainly aware that there will be negative impacts on the agriculture sector."

Samson says it's not clear how the massive trade arrangement involving 12 nations will affect the supply-management side.

Changes to the dairy, poultry and egg sectors could harm the industries, which along with turkey are worth \$267 million in Nova Scotia and 1,000 direct jobs, he said.

"We understand that the federal government is talking about a compensation package, which we're waiting to hear more of for the agriculture sector," he said. "But the fact is Nova Scotians need to understand that with supply management, while there are quotas in place, it also ensures quality and safety of product for consumers."

THE CANADIAN PRESS

HALIFAX WEST

Debate to focus on student issues

Students at Mount Saint Vincent University are co-hosting an all-candidates' debate for the riding of Halifax West on Wednesday.

The debate, which is also hosted by the Canadian Fed-

eration of Students, will focus on post-secondary education, childcare and electoral reform and is designed to give students a chance to hear the candidates' plans to "help youth and students in the riding."

There are four candidates in the riding: Liberal incumbent Geoff Regan, Conservative candidate Michael McGinnis, NDP candidate Joanne Hussey and Green party candidate Richard Zurawski.

METRO

+ TIME & PLACE

The debate runs 7 to 8:30 p.m. on Wednesday at Mount Saint Vincent's Seton Auditorium.

IN BRIEF

Man charged under animal-protection act

A North Preston man is facing several charges under the Animal Protection Act after the Nova Scotia SPCA seized 25 dogs from his property. Warren Winslow Cain violated four sections of the act, according to the SPCA. METRO

Truro to ban e-cigarettes on town property

Truro has approved a motion to amend a bylaw that will prohibit smoking of e-cigarettes on town property. TRURO DAILY NEWS

ENERGY

Switchover to LED streetlights begins



Stephanie Taylor
Metro | Halifax

It's lights out for more than 44,000 streetlights across Halifax, as the municipality moves to convert all bulbs to LED technology.

In a news release issued Monday, HRM said about 7,000 lights have already been switched over to the energy-efficient bulbs, while the remainder of the high-pressure sodium bulbs are set to

be replaced over the next year and a half. The switchover follows an earlier Halifax regional council decision from 2013. Streetlights across Nova Scotia will be converted by 2022.



The conversion to LEDs will save the municipality about \$5 million a year.

HRM press release



Michel Samson METRO FILE

[illegible]

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READY TO ENGAGE

Metro's coast-to-coast daily election series connects young, urban Canadians to the issues they care about

Youth hold 'lot more power' to tip the scales



ROSEMARY WESTWOOD
in Halifax

Sasha Sears is in a dilemma.

Her riding, Halifax, features an NDP incumbent, Megan Leslie, who "has done a really great job of being super integrated into the community. They're about the people, that's how I feel about the NDP."

But nationally, it's Justin Trudeau who seems the most compelling, who's "young, he has a young family, he's talking about really progressive issues, like legalizing marijuana, that a younger demographic gets and understands and feels is relevant to our life nowadays."

Sears still views the NDP as tied to the interests of unions, which she says don't have much relevance to her life.

"The party hasn't really had an opportunity to prove themselves," she adds. "They're still finding their footing." And while the NDP is appealing to many young people, she's not sure if its young candidates have the experience to be successful if elected.

So, should Sears vote for a local candidate she likes, or an appealing federal platform?

So far, even though she's a traditional Liberal voter, she's unsure. But she won't be voting Conservative: "I just have no time for that party, whatsoever."

Sears, 30, works for a business development organization in Halifax. She helps young people build professional networks to find meaningful work, and so she has a front-row seat to watch university graduates try — and struggle — to get a good job.

"What are the parties planning on doing to help youth in particular?" she asks.

"Youth unemployment rate is double the national average. The cost of post-secondary education is through the roof for Nova Scotia," she says. "Just being saddled with so much debt and not having the promise of a bright future is something I'm worried about, and my vote will reflect."

Sears also recently bought her first house, while still paying off student loans herself. So the Green Party's promise to relieve student

debt is enticing. But there's a but.

"It sounds almost too good to be true," she says.

"I'm a little skeptical. It's wonderful they want to do that and promote that as one of their platform promises, but when it comes down to action around it, what does that look like? How is that going to happen? How are universities going to function if there's no tuition?"

Sears hasn't felt inundated by political messaging ("As a millennial, I don't have cable in my home, I don't see the attack ads") — but she is concerned that her compatriots aren't getting the message that they need to vote.

"I think we're at a tipping point in our history based on our previous leader and the party in power, and what is to come," she says. "I just really feel this election holds great importance. I think we have a lot more power than people think we do. If we were to all go out and vote, it would really change the political landscape."

Rosemary Westwood is travelling across the country talking to young voters. She'll be in Winnipeg tomorrow.



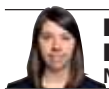
VOTER PROFILE

Name: Sasha Sears **Age:** 30 **Riding:** Halifax
Her issues: Youth employment and tuition reform.

Mock election makes the abstract real for teenagers

STUDENT VOTE

Program aims to inspire political awareness



Haley Ryan
Metro | Halifax

When Keshav Paliwal votes for a federal candidate next week, it won't count — and he couldn't be happier about it.

Paliwal, organizer of Prince Andrew High School's Student Vote event, one of more than 7,300 mock elections being held across Canada before the official count Oct. 19, said now is the time to get teens thinking about politics.

"I can't vote until January when I'm 18, but if we engage ourselves now and we engage

our peers before they can vote, chances are, over time, once they can ... they will," Paliwal, 17, said Monday.

As part of the Student Vote program run by the non-partisan Civix group, the Dartmouth, Nova Scotia, school will see all four federal candidates in its riding pitch their platforms to students before taking questions, as well as provincial MLAs, Halifax Mayor Mike Savage — and musician Joel Plaskett for extra attention.

Students will then drop ballots off in a mock vote, the results of which are often "very close" to election day, said political science teacher Tim Halman.

"For many people politics is something that happens on television and it's something that's abstract," Halman said.

"It's going to go from the abstract to the real."

According to Elections Can-



Students Keshav Paliwal, left, Robyn Laing, Matthew LeBlanc, all 17, pose with ballot boxes in Prince Andrew High School on Monday. HALEY RYAN/METRO

ada, only 39 per cent of the 18-24-year-old demographic voted in the last election, and the National Youth Survey Report showed "not interested in voting" came in as the biggest reason (28 per cent).

The survey said someone's likelihood of voting "increases with higher levels of knowledge and interest in politics," and civic education, as well as talking with family and friends can increase "the motivation

to vote."

"If you don't understand something, you're not going to interact with it; you tend to ignore it," Halman said.

NDP candidate Robert Chisholm said it's important for him to attend to emphasize voting as a responsibility.

"It's important for them to hear from people that are either engaged in the process or in some way leaders," Chisholm said.

"Maybe something will connect, something will instill a sense of desire for more knowledge."

According to Apathy is Boring, the non-partisan group aimed at youth, those who don't vote in the first two elections in which they're eligible are less likely to vote through their lives.

Robyn Laing and Matthew LeBlanc, who will also be on stage hosting the Student Vote event next Tuesday with Paliwal, said they hope the message of engagement means more coming from them.

"If a teacher gets up it just sounds like another class," LeBlanc said as Paliwal nodded.

Paliwal said he's hoping to hear questions on federal issues such as the Syrian refu-

gee crisis, environment, and economy.

"A democracy is only as strong as the people that are engaged in it," Paliwal said.

"If people are aware ... then the government's going to be making the choices we want made, and that's what it's about — it's about us."

Laing said before Halman asked her to help with the project, she had never thought about politics, or knew what the prime minister did.

"I tried to get my mom involved because she isn't into politics at all, so I got her voting," Laing said with a smile.

"She's like 'what are you talking about?' and I'm like, 'just sit there and listen so I can have someone to talk to about it.' It's interesting."

563,000

Number of ballots cast in the 2011 Student Vote



I'd like to be involved in who's making the decisions for Canada.

Robyn Laing



We have to show that we want things to be about us.

Keshav Paliwal

'Historic day' for Harper

ELECTION 2015

TPP trade deal announcement evokes scrutiny from opposition

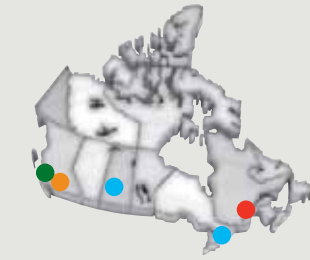
Stephen Harper's blockbuster trade deal upstaged Justin Trudeau's students and the stage and screen stars backstopping Tom Mulcair on Monday as the three main parties began their two-week sprint to the ballot box.

Mulcair, the NDP leader, had a stage full of television, music and film personalities — it even included a performance by the folk duo Whitehorse — all lined up for his announcement about helping artists.

Trudeau was all set to unveil a high-gloss campaign platform, a popular Liberal strategy, in front of a crowd of earnest university students eager to cheer his plan of expanded grants and easier loan repayment terms.

But the Pacific Rim depth charge known as the Trans-Pacific Partnership blew them both out of the water.

WHERE THE LEADERS ARE TUESDAY



- **Stephen Harper** will be in Whitby, Ont., and Saskatoon, Sask.
- **Justin Trudeau** will be in Montreal.
- **Tom Mulcair** will be in Surrey, B.C.
- **Elizabeth May** will be in Vancouver.

"Today is a historic day," a prime ministerial Harper beamed during a news conference in Ottawa as he described the deal as nothing short of "the largest economic partnership in the history of the world."

Not everyone is enamoured of the deal: Held up by Harper as a model for future 21st-century trade agreements, Mulcair is committed to tearing it to pieces.

"I will not be bound by Stephen Harper's secret deals," he said.

A New Democrat government would provide \$60 million over four years to Telefilm

Canada and the National Film Board, and loosen rules to secure grants from the Canada Council for the Arts, Mulcair promised instead.

Trudeau, unveiling the Liberal platform at Wilfrid Laurier University in Waterloo, Ont., parked his vote on the TPP until all the details are clear.

The federal government has offered no guarantees but expressed optimism the 12 countries involved might make it available before voting day in two weeks. THE CANADIAN PRESS

SEE PAGE 12 FOR MORE ON THE DEAL



Conservative Leader Stephen Harper upstaged the other party leaders on Monday with what he claims to be "the largest economic partnership in the history of the world."

NATHAN DENETTE/THE CANADIAN PRESS

NIQAB RULING

Feds lose appeal for stay

A new court ruling means a devout Muslim woman who chooses to cover her face now has a chance to become a Canadian and vote in the Oct. 19 federal election.

The Federal Court of Appeal on Monday rejected a government request to put a recent decision in favour of Zunera Ishaq on hold while Ottawa seeks a hearing in the Supreme Court of Canada.

Appeal Justice Johanne Trudel dismissed the government's application for a stay of a Sept. 15 decision that affirmed the unlawfulness of a federal rule prohibiting a niqab at a citizenship ceremony.

Ishaq, 29, came to Ontario from Pakistan in 2008. She refused to take part in a citizenship ceremony because she would have to show her face due to a December 2011 policy requiring candidates who wear full or partial face coverings to remove them during recitation of the oath. THE CANADIAN PRESS

INFORMATION SESSION & ONLINE SURVEY

Community Facility Master Plan

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September 17	Cole Harbour Place (Dartmouth)	6:30 to 8:00 p.m.
September 28	George Dixon Centre (Halifax)	6:30 to 8:00 p.m.
September 29	Findlay Centre (Dartmouth)	6:30 to 8:00 p.m.
October 8	St. Margaret's Centre (Tantallon)	6:30 to 8:00 p.m.
October 9	Captain William Spry Centre (Spryfield)	6:30 to 8:00 p.m.
October 14	Bedford Hammonds Plains Centre (Bedford)	6:30 to 8:00 p.m.
October 15	Acadia Hall (Lower Sackville)	6:30 to 8:00 p.m.

You're invited to participate in the survey by visiting halifax.ca/surveys

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Wednesday October 7, 2015	6:30 pm	Halifax Forum (Maritime Hall) 6205 Almon Street
Friday October 9, 2015	12 noon	Dartmouth North Community Centre 105 Highfield Park Drive
Tuesday October 13, 2015	6:30 pm	Sackville Fire Hall 1 Metropolitan Avenue
Thursday October 15, 2015	6:30 pm	North Preston Community Centre 44 Simmonds Road

On October 20, 2015 interested candidates may apply to Halifax Transit by visiting halifax.ca/employment/. The competition for Bus Operator positions will close on November 3, 2015 at midnight.

HALIFAX
TRANSIT

For more information visit: halifax.ca/transit

Nobel in their effort

MEDICINE

Three win for fight against parasite-borne illnesses

The Nobel prize in medicine went Monday to three scientists hailed as “heroes in the truest sense of the word” for saving millions of lives with the creation of the world’s leading malaria-fighting drug and another that has nearly wiped out two devastating tropical diseases.

Tu Youyou — the first-ever Chinese medicine laureate — turned to ancient texts to produce artemisinin, a drug that is now the top treatment for malaria. Inspired by traditional Chinese medicine, Tu discovered while working on a project for the Chinese military that a compound from the worm-wood plant was highly effective against the malaria parasite.

She will share the eight-million Swedish kronor (about \$960,000 US) award with Japanese microbiologist Satoshi



Jan Andersson, Juleen Zierath and Hans Forssberg of the Karolinska Institute Nobel committee talk to media in Stockholm on Monday. FREDRIK SANDBERG/TT VIA THE ASSOCIATED PRESS

Omura and William Campbell, an Irish-born U.S. scientist.

Omura and Campbell created the drug avermectin, whose derivatives have nearly rid the planet of river blindness and lymphatic filariasis, diseases caused by parasitic worms and

spread by mosquitos and flies.

In Stockholm, the Nobel committee said the winners, who are all in their 80s and made their breakthroughs in the 1970s and '80s, had given humankind powerful tools: “The consequences in terms of improved

human health and reduced suffering are immeasurable.”

The medicine award was the first Nobel Prize announced. Winners of the physics, chemistry and peace prizes are set to be announced later this week.

THE ASSOCIATED PRESS

SPACE

NASA looks to Navy for tips on isolation

As NASA contemplates a manned voyage to Mars and the effects missions deeper into space could have on astronauts, it’s tapping research from another outfit with experience sending people to the deep: the U.S. Navy submarine force.

The space agency is working with a military laboratory at the submarine base in Groton, Conn., to measure how teams cope with stress during month-long simulations of space flight.

Often isolated for long stretches, astronauts and submariners face many of the same challenges.

“We have a shared interest with the Navy in team resilience,” said Brandon Vessey, a scientist with NASA’s human research program.

The Navy research that piqued NASA’s interest started about five years ago when the Groton-based Naval Submarine Medical Research Laboratory, at the request of the submarine force, began examining ways to make tactical teams work together better.

Through observation of sub-

“

You can’t just call back to Earth for advice.

Former submarine commander Ronald Steed

marine crews, the Navy scientists developed a way to evaluate how teams are performing. The study singled out important team practices including dialogue, critical thinking and decision-making and developed a way to assess how teams respond to setbacks. The research was made available more than a year ago to submarines’ commanding officers but it has not yet been institutionalized by the Navy.

The experiment with NASA is expected to begin in January or February.

The space agency is taking a bigger interest in human-behaviour issues as it pursues the capability to send humans to an asteroid by 2025 and to Mars in the 2030s.

THE ASSOCIATED PRESS

REFUGEE CRISIS

Turkey’s president wants no-fly zone

Turkey’s president sought European backing on Monday for the creation of buffer and no-fly zones on the Syrian border, saying that such moves are key to ending the refugee crisis.

Turkey is hosting around two million refugees from the conflict in Syria, which began in 2011 following protests against President Bashar Assad’s government. Tens of thousands of others have entered the EU from Turkey this year, overwhelming border au-

thorities and reception centres.

“The root cause of the refugee crisis today is the war that has been taking place in Syria and the state-sponsored terror actions which have been carried out by Assad himself,” said Turkey’s President Recep Tayyip Erdogan.

He raised the issue of “a safe zone that would be protected from terrorism” and “a no-fly zone” in talks with senior European Union officials in Brussels. THE ASSOCIATED PRESS

IN BRIEF

I’ll return to U.S.: Snowden

Edward Snowden says he has offered to return to the United States and go to jail for leaking details of National Security Agency programs to intercept electronic-communications data on a vast scale.

The former NSA contractor flew to Moscow two years ago and faces U.S. charges that could land him in prison for up to 30 years. Snowden said he and his lawyers were waiting for U.S. officials “to call us back.” THE ASSOCIATED PRESS

Pistorius may stay in prison

Oscar Pistorius’ lawyer says a decision on the Olympic athlete’s early release from prison has been referred back to the parole board.

That could mean Pistorius remains in prison until after Nov. 3, when prosecutors still seeking a murder conviction appeal to South Africa’s Supreme Court.

Pistorius was acquitted of murder but found guilty of a lesser charge of culpable homicide for shooting Reeva Steenkamp in 2013. THE ASSOCIATED PRESS

HURRICANE JOAQUIN

Container ship lost with 33 on board

The captain of the 790-foot El Faro planned to bypass Hurricane Joaquin, but some kind of mechanical failure left the U.S. container ship with 33 people aboard helplessly — and tragically — adrift in the path of the powerful storm, the vessel’s owners say.

On Monday, four days after the ship vanished, the Coast Guard concluded it sank near the Bahamas in about 4,500 metres of water.

One unidentified body in a

survival suit was recovered, and the search went on for any trace of the other crew members. Survival suits help mariners float and stay warm. But even in warm water, hypothermia can set in quickly, Coast Guard Capt. Mark Fedor said.

He said the hurricane had winds of about 225 km/h and waves topping 50 feet. The ship, carrying cars and other products, had 28 crew members from the U.S. and five from Poland. THE ASSOCIATED PRESS



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Biggest trade zone awaits

TRANS-PACIFIC PARTNERSHIP

Tentative deal reached after marathon negotiations

Twelve nations, including Canada, have reached a tentative deal on a massive Pacific Rim trading bloc billed as the largest-ever deal of its kind, with implications for a staggering scope of industries, workers and for long-term international relations between countries on four continents.

After five days of marathon, around-the-clock negotiations, a deal was announced Monday to create the Trans-Pacific Partnership, and participants predicted it would become the building block for future trade deals.

Who's in it? Brunei, Chile, New Zealand and Singapore started the project years ago. The United States, Canada, Mexico, Japan, Vietnam, Australia, Peru and Malaysia are now joining, bringing the membership to 12



Perrin Beatty, president and CEO of the Canadian Chamber of Commerce, speaks about the Pacific Rim pact at a news conference in Ottawa. ADRIAN WYLD/THE CANADIAN PRESS

countries. More have expressed interest in entering later, including Colombia, Thailand and South Korea.

How big is it? It's the big-

gest trade zone in the world, spanning four continents and representing 40 per cent of the world's economy — a far higher share than the European Union.

What does it do? It reduces or eliminates barriers on a staggering array of Canadian exports to several countries, most notably Japan. This applies to everything from machines to

canola, beef and pork, minerals, forestry products and seafood. It allows up to 3.25 per cent more foreign dairy into Canada. It allows more foreign car parts into North America without tariffs. It also creates new rules for the digital economy, such as restricting governments' right to shut off data flows.

Why does it matter? This brings the economies of a fast-developing region into the American sphere of influence. It sets new trade standards in China's backyard. It sets precedents for future agreements, including any involving China and its state-owned enterprises. It increases trade and establishes unique rules for the 21st-century, cloud-computing digital economy.

Is it a done deal? No. It still needs to be ratified in national parliaments, including Canada's, once the federal election is over.

A vote is expected early next year in the U.S. Congress, and it could prove difficult.

THE CANADIAN PRESS

IN BRIEF

American Apparel files for bankruptcy protection

American Apparel is filing for Chapter 11 bankruptcy protection, almost two years after it ousted founder Dov Charney, who is locked in a legal fight and sued the company for defamation.

THE ASSOCIATED PRESS

Greece likely to get more bailout cash, says official

Jeroen Dijsselbloem, the eurozone's top official, says he expects the Greek government to get two billion euros worth of bailout cash by the middle of October.

THE ASSOCIATED PRESS

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	GOLD \$1,137 US (+\$1)

NATURAL GAS: \$2.450 US (-0.1¢)
DOW JONES: 16,776.43 (+304.06)

TWITTER

Spurned co-founder back as CEO

Twitter is embracing Jack Dorsey as its CEO in hopes that its once-spurned co-founder can hatch a plan to expand the short-messaging service's audience and end nearly a decade of financial losses.

The hiring revealed Monday

ends Twitter's three-month search for a new leader. It marks Dorsey's second stint as CEO since he helped start the company more than nine years ago with Evan Williams, Biz Stone and Noah Glass.

Twitter dumped Dorsey his

first time around, but its board of directors is now convinced he has the maturity and expertise to fix the problems that have caused the company's stock to lose nearly half its value in the past five months.

THE ASSOCIATED PRESS

AIR FRANCE LAYOFFS

Managers flee angry workers

Union activists protesting nearly 3,000 proposed layoffs at Air France stormed the headquarters during a meeting in Paris on Monday, zeroing in on two managers who had their shirts torn from their bodies, scaled a fence and fled under police protection.

Road access to Charles de Gaulle airport in Paris was briefly disrupted, and some flights suffered delays.

Although Monday's scuffle was unusually violent, labour relations in France are com-

monly testy, with unions sometimes even resorting to holding managers hostage — or “boss-napping” — to make a point.

Air France denounced the violence and said it will push ahead anyway with its restructuring plans after failing to reach an agreement with pilots.

Alexandre de Juniac, the CEO of Air France-KLM, said the company is being squeezed by low-cost airlines in Europe and Gulf carriers for long-haul flights. Monday's meeting was intended to detail the cuts.

Airline executives told reporters Monday the plan involves laying off 2,900 staff and abolishing five routes and 35 weekly long-haul flights, primarily in Asia and the Middle East.

Among those at Monday's protest was Yves Porte, an activist who represents cargo workers. “The Gulf companies, who have low fuel prices and who receive government subsidies, compete with us. It's impossible; we are not on a level playing field,” he said.

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EMMA TEITEL: ON ELECTION TALK AT THE TABLE

Perhaps Canadians are more inclined to talk politics where they normally wouldn't ... because it's suddenly dawned on them that the only constant in their lives besides bad weather is Stephen Harper.

Elite Singles — a dating website that sounds like it was designed specifically for Stephen Harper's top staffers — recently tried to determine whether it's taboo to discuss politics on a first date.

In order to do this, the website conducted a survey of 500 single people of different nationalities from around the world. The result was 65 per cent said they'd "be happy to discuss politics on a first date." But more than any other nationality surveyed, Canadians were the least resistant to the idea. According to the study, "not one Canadian single thought political chat should be off the table" on a first date.

This result is refreshing for two reasons. The first is that it helps dispel the popular myth that we are a rigidly non-confrontational people; Canadians might be unfailingly polite, but politeness does not equal timidity in the face of conflict. The second is that it might suggest our nation's bent towards political apathy — especially among youth — is changing. And it's about time it did.

The Conservatives have been in office for nine years, which, no matter a government's political leaning or record, is an uncomfortably long time. Harper won his first term in 2006, the year Hannah Montana began airing on the Disney Channel, and he won again, most re-

Canadians might be unfailingly polite, but politeness does not equal timidity in the face of conflict.

cently, in 2011, the year Hannah Montana was cancelled (its leading lady, Miley Cyrus, having embarked on a perilous quest to find herself). In other words, our prime minister has been around so long, he has served through every stage of Cyrus' metamorphosis, from Disney princess to briefly engaged rom-com actress to (most recently)



CHANGING TUNE The mood is different this election, and engagement is greater — for proof, look no further than the rise in earnest protest songs by bands like Hey Rosetta!, which people seem to be taking seriously, writes Emma Teitel.

ARTHUR MOLA / THE ASSOCIATED PRESS

gyrating dreadlocked weirdo.

Perhaps Canadians are more inclined to talk politics where they normally wouldn't, not because they're more civic-minded than other nationalities but because it has suddenly dawned on them that the only constant in their lives besides bad weather is Stephen Harper. It's unnerving when the world around you changes but the guy in charge doesn't.

Harper was never popular with non-Conservatives or young people, who tend to reject conservative values no matter who is spouting them. But he wasn't always markedly hated the way he is now. Anecdotal, I have seen my Facebook newsfeed

go from a mostly apolitical forum — cat videos, party invitations, recaps of Breaking Bad — to a stridently partisan and dogmatic one. Friends I know who couldn't tell the difference between Michael Ignatieff and Jack Layton in 2011 are now posting daily tributes to Thomas Mulcair in the lead-up to the federal election.

The mood is different this time around, and there is no stronger proof, I would argue, of newfound Canadian political fervour than the recent uptick in painfully earnest protest songs. In September, Canadian country-rock band Blue Rodeo released *Stealin' All My Dreams*, a staunchly anti-Harper song about, among other things, the government's record on the environment: "Your pipeline will spill its disease/you shut down all the research libraries/and you muzzled all the white coats in your laboratories/then you set your sites on the CBC." And this week Canadian indie bands Hey Rosetta! and Yukon Blonde released the considerably

more mellow anti-Harper ditty, *Land You Love*: "When I was a child/I sang the anthem with pride/it stood for justice, peace and human rights/It stood for the holy rolling hills and a home for all walks of life/and I must again, for my children, and theirs."

As far as traditional protest songs go, neither one is *The Times They Are A-Changin'*, but the songs' popularity (both of them trended on social media alongside news about Selena Gomez, NFL football and Kim Kardashian) indicates they weren't composed in vain. Nor were they the subject of widespread mockery and derision, as so many things are these days.

It seems in addition to politics at the first-date dinner table, we might have developed an appetite for political earnestness, too. The question is: have we developed an appetite for voting? In 2011, less than 40 per cent of eligible 18- to 24-year-olds voted in the federal election, a pretty dismal turnout, even compared to the unexceptional overall average of 61 per cent.

So while we may talk — or sing — up a storm over dinner, the word is still out on who will be serving in the prime minister's office during the next unsettling phase of Miley Cyrus' inevitable metamorphosis.

Emma Teitel is a national columnist for the Toronto Star. She has been a front-of-the-book columnist for Maclean's magazine for the past four years, focusing on a wide range of subjects including women's issues and popular culture. She won the National Magazine Awards gold award for columns in 2013.



metroview

You can work, pay taxes and drive a car at 16. Why not vote?



Miriam Porter
For Metro

Elections Canada is sorry they missed me. I came home to a brochure in my door saying that as a Canadian citizen at least 18 years old on election day, I am eligible to vote.

But my son, reading over my shoulder, asks longingly, "Can I vote yet?" He often tells me who he would vote (and not vote) for and why, based on issues we discuss. He's passionate and he knows his stuff. He's nine.

Democracy is a government by the people. Does this mean you are only a person if you are over 18? There are children in Canada who would love to be heard and cast a ballot on Oct. 19. Some even know more about the election and the candidates than adults. But if you are under 18, your voice doesn't count. This should change.

No, I am not suggesting toddlers holding sippy cups mark their ballots on election day with bright chunky crayons. Let's take baby steps and start by lowering the voting age to 16.

In our home and native land, if you are 16 you can drive a car. Driving is a huge responsibility that requires patience, confidence, intel-

Some children know more about the election and candidates than adults.

ligence, skill, studying and preparation. Sixteen-year-olds get behind the wheel of 4,000 pounds of metal to drive on our city streets. We are next to them daily as pedestrians and drivers and we trust their judgments. Yet they can't decide who will be prime minister.

Know what else you can do at 16? You can work at a job for money and pay taxes to the government.

What? You mean these working kids are paying into the very institution they do not have a say in? Does that sound right to you? When I was 12, I worked at a library and paid taxes. But my voice didn't count for another six years.

By not listening, and not taking them seriously, adults in power are oppressing children. Children under 18 are told they must follow certain rules. They are told what to do, how to do it and when it should be done. The education system is a perfect example of this.

But children have a voice too, and you may be surprised at what they have to say. We as adults can be their allies and listen to them.

There are issues in this upcoming election that affect all citizens, not just those over 18. Perhaps it's time to consider what young people want, especially in matters that directly affect their lives. Then we will have a more democratic society.

Miriam Porter is a Toronto-based writer who covers travel, parenting and social justice. She tweets at @MiriamRiverP.

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I HAVE NOTHING TO SAY AND I AM SAYING IT AND THAT IS POETRY





Freedom to be your own man

BOOKS

Father learns from son that expectations can do harm

Dean Lisk
Metro | Canada

It wasn't so much a wedge that drove Kevin Newman and his son, Alex, further apart. It was a basketball hoop. Set in concrete in the backyard of their New Jersey home, it became a permanent symbol of how alienated they had become in their relationship.

"To me, it was making sure that the annoying thing that happens with basketball hoops — that wobble — wasn't a problem," remembers the former Global News anchorman.

"But the cement became an allegory to Alex."

Misinterpretations are at the heart of *All Out*, a new book co-authored by the Newmans about their troubled father-son relationship and how they became closer because of their differences.

It chronicles the rise of Kevin's news career in Canada and the U.S. while trying to be one of those emotionally present '90s dads. It also tells the story of Alex, now a successful art director in Toronto, but who, as a teen, struggled in isolation with his sexuality while manoeuvring the bullies at school and the expectations of his father at home.

"Fathers and sons are extreme-



Kevin Newman and his son get along great today. LIZ BEDDALL/METRO

ly complicated, but they don't really open up about it," said Alex.

"Every relationship is a little bit different, but I think when people read the book they're going to put themselves in our shoes and allow themselves to understand the complexity of that relationship. Because, until now, we haven't come across

something that talks about the complexity of this."

It was their editor at Random House Canada, Kate Fillion, who suggested both men write their chapters in isolation to prevent them from influencing each other's memories.

She kept an eye on the storyline, making sure both their

recollections intersected, but it wasn't until the book was finished that Alex and Kevin read what the other had written.

"My parents were learning things. I was learning things. It was quite emotional," said Alex. He recorded on his phone the moment his parents first read his chapters.



Kevin describes it as a "stunned" moment, when he and his wife Cathy realized the degree of emotional suffering their son experienced. He was being bullied at school and felt isolated, without ever telling his parents. "There was stuff that happened that we had no idea about," he said.

The book is revealing in other ways. Both men are very much alike. Both grew up around strong female role models, having a preference for the arts instead of sports, and were teased at school for it. Both were also going through an identity crisis at exactly the same time.

The co-host of *Good Morning America*, Kevin was told he needed to seem more masculine, more likable. He was told his hair needed to be a certain way, his eyelashes were dyed so they would pop beneath his glasses and he was sent to a personal trainer.

He was billed as the "quarterback," tasked with leading the

team to first place in the morning news business.

"Network television news tries to push you into conformity and question who you are, and almost tries to create a plastic persona that is recognizable to focus groups, but runs the danger of being unrecognizable to yourself."

At home, the elder Newman was also placing pressure on his son to change his image — and perhaps become someone less a target for bullies. He bought him Sum 41, Dave Matthews Band and Creed CDs, took him on father-son bonding trips and installed that basketball net.

"You went through those struggles as a young person and tried to stop me from going through those same situations," Alex said to his dad. "At the same time, I was stubborn and wanted to alienate myself."

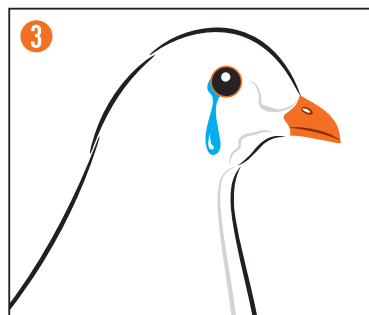
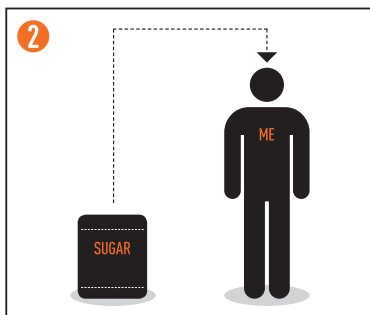
"He was always a puzzle to me," answered Kevin. "I would attempt these things as a kid and fall apart and beat myself up and hate myself that I wasn't who my father wanted me to be."

"That was not Alex's case. Alex was, 'No, I am fine not being this and back off.' It just turned out he knew himself better at his age than I did when I was his age."

The key to developing a strong and healthy father-son relationship, Kevin said, is to realize your son is also a man.

"When they reach the age of emotional vulnerability, stop trying to be their hero. I think if Alex had known me better — the whole me better — we might not have been through a period of testing for as long as it lasted."

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ISTOCK

WARNING SIGNS

Answer true or false on whether the following are signs of fitness addiction:

Body weight drops below what's considered healthy for fitness level.

True. Everyone's calorie baseline differs, but if you're not consuming enough or if you're over-exercising, your body starts to break down muscle.

Someone can't stop exercising, even after injury.

True. Whether it's a formal diagnosis or just a pulled muscle at home, continuing to exercise in the face of an injury isn't healthy.

Someone training heavily for an upcoming marathon or competition.

False. Experts say exercise addiction typically doesn't apply to people training for sporting events, like marathons or the Olympics.

Someone is skipping work or social events to exercise.

True. People with exercise addiction often put fitness above family, friends and their career — to the point of missing obligations.

Someone is being open and honest about their exercise plans.

False. The real red flag, according to experts, is when people are lying to family and friends about how much they're exercising.

MENTAL HEALTH

Extreme workouts may signal bigger problems

Jenn Hicks was lying to her husband.

It would happen fairly often: Hicks would wake up in the middle of the night and tell Paul she couldn't sleep, that she needed to read for a while at an all-night coffee shop near the couple's home.

Then she'd slip away into the night.

But Hicks wasn't going to a coffee shop or having an affair. Instead, the Toronto speech-language pathologist was feeding her constant craving for exercise.

Running. Cycling. Weight-



Jenn Hicks at the height of her exercise addiction, and today, teaching Nia dance. CONTRIBUTED/ VINCE TALOTTA/TORSTAR NEWS SERVICE



lifting. Anything, Hicks says, to satisfy her growing addiction.

"I would do it in the middle of the night," says Hicks, now 42. "Definitely before work, at lunch, after work, and it would be the entire evening."

Back in 2003, Hicks first developed an addiction to exercise — a compulsion that, while not a formal clinical diagnosis, is definitely recognized by members of the medical community. It can

happen on its own, or alongside an eating disorder or mental illness, experts say.

For Hicks, there was no clear trigger. She was 30 at the time and had been working in speech-language pathology for five years.

But she was dealing with anxiety, she says, and began exercising more often — which caused her to lose weight "magically."

"It was positive reinforcement that I should just continue, until

it got to the point where I wasn't thinking realistically," Hicks says.

Over the next few years, Hicks joined numerous sports teams and started dragonboating. She'd tell Paul she was doing laundry in the basement — and would be doing ab exercises instead. If friends wanted to get together, she'd insist on exercising with them. While pushing her 5'5" frame to its limits, Hicks also wasn't eating properly — she'd been diagnosed with anorexia in 2003 — and eventually dropped to less than 100 pounds.

Other health impacts started to creep up, too. Hicks' doctor sent her for echocardiograms — sonograms of her heart — because it wasn't functioning properly. At the same time, she recalls her electrolytes and liver enzymes being "out of whack."

Hicks resolved to get better. She'd been seeing her family

doctor and a therapist the whole time — and attending support groups at Sheena's Place, an eating disorders centre in Toronto — but says it was something she had to overcome on her own.

So, at the end of the year, Hicks sold her car and travelled to India. Paul came with her for four weeks, then she stayed for another month on her own — a much-needed escape.

When she returned to Toronto, Hicks was finally diagnosed with bipolar disorder. She also began training as a dance teacher in the Nia style, which focuses on sensing and respecting your body. At first, Hicks says it was a covert way for her to maintain her addiction in a seemingly healthy way.

"The universe had something else in store for me," she adds. "I guess I had to practise what I was preaching." TORSTAR NEWS SERVICE

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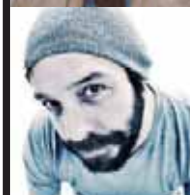
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You're at a place called vertigo

MOVIES

Here's how to avoid nausea during films like *The Walk*

Eva Kis
Metro | New York



One of this month's best new movies is also making people sick. *The Walk*, about French daredevil Philippe Petit's high-wire crossing between the World Trade Center towers in 1974, is proving too intense for some moviegoers.

After a festival screening in New York, men were throwing up in the theatre's bathroom. Another patron, Percival Arguero-Mendoza, told the New York Post, "It felt very real. I felt a knot in my stomach. It's like my head was reeling but I was not dizzy."

There are several reasons that people could be getting sick.

Vertigo is a medical condition that describes a deficiency



**It felt very real.
I felt a knot in my
stomach**

The *Walk* viewer
Percival Arguero-Mendoza

in the body's motion-sensing system that sends mixed or insufficient signals to the brain, causing dizziness and nausea.

The shots panning up the towers as well as looking down as Joseph Gordon-Levitt walks the wire can trigger the same mismatch in what the eyes see but the body doesn't feel, as happens in motion sickness.

Fear of heights and falling can trigger similar symptoms as well; seeing the film in 3D adds another complication because the eyes' natural focal point is tricked to create the visual effects.

Instead of skipping the movie, try these tips to cope with it:

- Like dancers who have to spin around, it helps to pick a point and focus on it. If you're



People are reporting dizziness and nausea after watching scenes from Joseph Gordon-Levitt's new film *The Walk*. CONTRIBUTED

feeling dizzy, look away from the screen toward an exit sign or the back of another person's head.

- Pick a seat toward the middle or back of the theatre. Having the screen directly in

front of you instead of looking up is more comfortable for your eyes.

- If you feel unwell, don't take off your 3D glasses. It'll just confuse your eyes further. Instead, close your eyes

and focus on your breath to calm down.

- Get your eyes checked — vision problems like uneven eyesight and astigmatism can make you more likely to get headaches and feel sick during 3D movies.

BOOK BRIEFS

Giller Prize finalists revealed

The Scotiabank Giller Prize's decision to expand its jury to five members from the usual three was heralded on Monday after an "eclectic and vibrant" short list of five finalists emerged.

"It feels like the Giller has been becoming a little bit more staid and centre-field over the years, whereas this particular jury and this particular long list was really interesting," said Toronto author Andre Alexis, who made the short list for *Fifteen Dogs* (Coach House Books). Other finalists for the \$100,000 prize for fiction include Montreal's Heather O'Neill for the story collection *Daydreams of Angels* (HarperCollins Publishers Ltd.) and Vancouver-based Anakana Schofield for *Martin John* (A John Metcalf Book, an imprint of Biblioasis). The list is rounded out by Montreal's Samuel Archibald for the story collection *Arvida*, translated by Donald Winkler (Biblioasis), and London-based Rachel Cusk for *Outline* (Harper Perennial, an imprint of HarperCollins Publishers Ltd). THE CANADIAN PRESS

RESEARCH

Tall men have more sex

Men of average to tall stature have one to three times more sexual partners than smaller men, according to an American study that also found weight to be a factor.

Researchers at Chapman University in California studied whether or not height and body mass index played a role in the number of sexual partners men and women had during the course of their lives.

In a study of 60,058 heterosexual volunteers, of which

52 per cent were male and 48 per cent female and average age was 37, the researchers took into account criteria for height, education level, age and BMI as key indicators in the personal sexual history of each participant.

The results, published Sept. 30 in the journal of *Evolutionary Psychology*, indicated that participants aged 30 to 44 had, on average, eight partners since being sexually active. Of the participants, 58 per cent of men and 56 per cent

of women indicated having had more than five whereas 29 per cent of men and 23 per cent of women indicated having more than 14 partners.

Shorter men reported a minimum of five sexual partners. In contrast, medium-height to tall men declared one to three times more partners than their shorter counterparts.

"These findings confirm that height is relevant on the mating market," said David Frederick, lead author on the study.

AFF

Baby Domestic Medium Hair

Check out the peepers on six-year-old Baby who came into care when her elderly guardian had to surrender her through no fault of her own. Baby is all about cuddling and enthusiastically greets new people with a sweet, welcoming disposition. She has lived in a quieter home and would prefer to keep that arrangement. She is also on a diet to return to a slender figure. **If you are looking for a new feline BFF, look no further because Baby is the one for you.**



For more information on **Baby** and other adoptable furry friends, visit www.spcans.ca/dartmouthshelter or contact the Nova Scotia SPCA Provincial Animal Shelter at 902-468-7877 or dartmouth@spcans.ca

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6 SIX@6 LAST NIGHT:

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Decisions lie ahead of Jays

MLB PLAYOFFS

Few roster spots appear unsettled for division series

Since late July the Toronto Blue Jays have shown they can dominate regular-season baseball, going 43-18 down the stretch.

With the post-season here, it's on the management and coaching staff to construct a 25-man roster that they hope can win three games out of five in their American League Division Series, then four out of seven the rest of the way.

At least 21 spots are accounted for among the starting rotation, bullpen, lineup and key contributors off the bench. Before Game 1 of the ALDS against the Texas Rangers, the Blue Jays have to finalize the last few and beyond that decide on their order of pitchers.

"We have the bulk of it set, just some areas, bench, the last few spots in the 'pen, things like that," general manager Alex Anthopoulos said Saturday in St. Petersburg, Fla. "Only 25 guys can come with us, or at least can be active, so you're going to have discussions."

Anthopoulos said the Blue Jays would likely go with a seven-man bullpen, which, with a four-man rotation, gives them 14 hitters. Assuming utility infielder Cliff Pennington makes it because of his versatility in the field and as a switch-hitter, that leaves two more spots.

Outfielder Ezequiel Carrera



Infielder Munenori Kawasaki is among the players who are on the bubble to make the Blue Jays' 25-man roster for their American League Division series against the Rangers. ROB CARR/GETTY IMAGES

appeared in 90 regular-season games and Anthopoulos said he could be used as a pinch-hitter or pinch-runner. He's a good bet along with outfielder Dalton Pompey, who like the Kansas City Royals' Jerome Dyson last season could be a speed specialist.

"We've got a guy like Dalton here who's done a good job with speed, trying to steal a base for us," Anthopoulos said.

Other long shots include infielder Munenori Kawasaki, who can also pinch-run, or even

ATTENDANCE

Strong draw at the Dome, but poor on the road

The Blue Jays drew 2.79 million fans at the Rogers Centre this year, good for fourth in the AL and eighth in the majors, and averaged 34,504 fans a game. The Jays, however, along with the Royals were the lowest road draws in the majors in 2015.

power first baseman Matt Hague, who provides a right-handed bat.

In the bullpen, there are six locks: closer Roberto Osuna, right-handers Aaron Sanchez, LaTroy Hawkins, Mark Lowe and Liam Hendriks and left-hander Brett Cecil. The final job appears to be between righty Ryan Tepera and lefty Aaron Loup, though starter Drew Hutchison might have a chance as a long reliever.

Loup would give the Blue Jays a second lefty, which could be useful in certain situations late

in games. But Anthopoulos isn't concerned if Toronto goes in with just Cecil, partially because Loup has hit so many left-handed batters.

"We have guys like LaTroy Hawkins who's been pretty good against left-handers as well," Anthopoulos said. "More so than right/left, it's who has had more success against what side. If we feel we have seven guys that are all right-handers, but (if) we feel they can get left-handers out, we'll go with that."

THE CANADIAN PRESS

IN BRIEF

Nationals fire Williams

Manager Matt Williams was fired by the Washington Nationals on Monday after a season in which the team went from World Series favourite to failing to make the playoffs.

The club announced the move a day after finishing the regular season bare-



Matt Williams
GETTY IMAGES

ly above .500 at 83-79, second to the New York Mets in the NL East.

Williams is gone after only two seasons in his first job as a skipper in the majors. Last year, he was voted NL Manager of the Year after the Nationals finished with the best record in the league. In February, the Nationals exercised his 2016 contract option.

THE ASSOCIATED PRESS

Philbin out, Campbell in as head coach of Dolphins

Joe Philbin was fired Monday four games into his fourth season as coach of the Miami Dolphins, and one day after a flop on an international stage that helped to seal his fate.

Tight ends coach Dan Campbell, who has been with the Dolphins since 2010, was promoted to interim coach. He has no previous head coaching experience.

The Dolphins (1-3) lost their third game in a row and turned in their fourth consecutive lacklustre performance when they were beaten Sunday in London by the archrival New York Jets, 27-14.

THE ASSOCIATED PRESS

New measures help MLB cut 6 minutes from games

Major League Baseball has managed to cut six minutes from the average time of a nine-inning game this season, when it adopted some speedup rules.

STATS said Monday that the season average ended at 2 hours, 56 minutes. While the average dropped to 2:53 in the first half of the season, it was back at 3:00 after the all-star break. THE ASSOCIATED PRESS

UFC

East Coast tabbed for 1 of 3 Canadian cards in 2016



Quinton Jackson, right, trades blows with Fabio Maldonado during UFC 186 in Montreal on April 25.

GRAHAM HUGHES/THE CANADIAN PRESS

Canadian fight fans can expect three UFC shows north of the border next year.

Tom Wright, managing director for UFC operations in Canada, Australia and New Zealand, says while the 2016 Canada schedule is still being worked on, Toronto and Calgary are at the top of the list with another visit to Atlantic Canada possible.

"We're looking at three events in Canada and two in Australia and New Zealand," said Wright.

The UFC, in trying to sort out the schedule, is looking at both

19

The number of shows the UFC has held in Canada.

old and new Canadian venues.

"We're looking at potentially going back to the East Coast but maybe to a different city than Halifax although we could go back to Halifax," Wright added.

The Canadian schedule could feature one pay-per-view and two televised Fight Night cards.

The UFC planned three to five shows in Canada this year. Only two came to fruition — UFC 186 in Montreal in April and a televised card in Saskatoon in August.

In 2014, the UFC announced a five-city schedule for Canada with pay-per-views shows in Toronto, Montreal and Vancouver and Fight Night cards in Halifax and Quebec City. UFC 178 was shifted to Las Vegas from Toronto and the Montreal card was cancelled, cutting the Canadian shows to three.

THE CANADIAN PRESS

5 PLAYOFF PLOT LINES TO WATCH

Big stars, familiar faces and top rookies fill the rosters of the 10 teams that reached the post-season. Here are some of the themes for October and beyond:

1 Still waitin' for a clutch Clayton



Clayton Kershaw
GETTY IMAGES

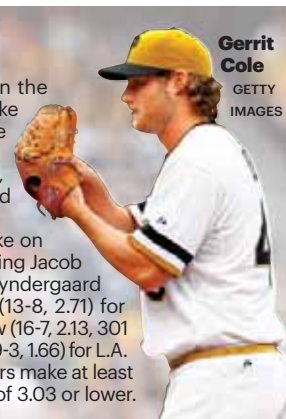
Clayton Kershaw has been the game's best pitcher in recent regular seasons, but has struggled mightily thereafter.

The Dodgers ace is 1-5 with a 5.12 ERA in 11 career playoff appearances (three in relief). The three-time Cy Young winner faces the Mets in the NL Division Series, a team against whom he posted an 0.56 ERA in two starts this season.

2 Stingy NL

Runs will be at a premium in the National League. The Cubs' Jake Arrieta (22-6, 1.77 ERA) will face the Pirates' Gerrit Cole (19-8, 2.60) in the wild-card game, one of the most anticipated matchups in recent history.

After that, the Mets will take on the Dodgers in a series featuring Jacob deGrom (14-8, 2.54), Noah Syndergaard (9-7, 3.24) and Matt Harvey (13-8, 2.71) for New York and Clayton Kershaw (16-7, 2.13, 301 strikeouts) and Zack Greinke (19-3, 1.66) for L.A. The Cardinals had four pitchers make at least 20 starts this year with ERA's of 3.03 or lower.



Gerrit Cole
GETTY IMAGES



3 Another shot for the North Side

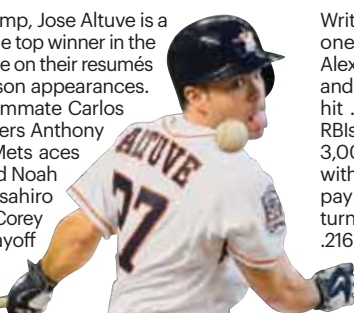
Could this be the year the century-plus title drought ends on the North Side of Chicago? The Cubs last won the World Series in 1908 and they haven't reached the World Series since 1945, two years before baseball's championship was televised for the first time. But with Kris Bryant and Jake Arrieta, hopes are high at Wrigley Field.

4 New faces of fall

Jose Bautista is a home run champ, Jose Altuve is a hit machine and Jake Arrieta is the top winner in the majors. They'll put something else on their resumés this week — their first post-season appearances.

Altuve and Astros rookie teammate Carlos Correa, Arrieta and Cubs sluggers Anthony Rizzo and Kris Bryant, young Mets aces Matt Harvey, Jacob deGrom and Noah Syndergaard, Yankees star Masahiro Tanaka and Dodgers newcomer Corey Seager are set to make their playoff debuts.

Jose Altuve
GETTY IMAGES



5 Tale of two A-Rods

Written off by many during his one-season drug suspension, Alex Rodriguez returned this year and carried the Yankees early. He hit .250 with 33 homers and 86 RBIs as New York's DH. He reached 3,000 hits and settled a dispute with the team over a multimillion payment. But around the time he turned 40, he tailed off badly hitting .216 after the All-Star break and driving in just three runs in his final 18 games. **The Associated Press**



Alex Rodriguez
GETTY IMAGES

BPL

Mourinho charged, backed on mixed day

Chelsea manager Jose Mourinho was charged by England's Football Association on Monday for accusing Premier League referees of being biased against his team, hours after he was given public backing by the club following its poor start to the season.

Speaking after Saturday's 3-1 loss to Southampton at Stamford Bridge, Mourinho said referees "are afraid to give decisions for Chelsea." The FA said in a statement that Mourinho's remarks

constitute improper conduct as they imply bias, and bring the game into disrepute. Mourinho has until Thursday to respond to the charge.

Earlier, Chelsea took the unusual step of publicly endorsing Mourinho, with the team languishing in 16th place in the 20-team Premier League after winning two of its first eight games. Chelsea has also lost one of its first two group games in the Champions League.

"The club wants to make it clear that Jose continues to have our full support," a Chelsea statement read. "As Jose has said himself, results have not been good enough and the team's performances must improve."

"However, we believe that we have the right manager to turn this season around and that he has the squad with which to do it." **THE ASSOCIATED PRESS**



The club wants to make it clear that Jose continues to have our full support.

Chelsea FC statement

NHL

Torres gets 41-game ban for head shots

The NHL handed out one of its longest suspensions for on-ice conduct in league history by banning San Jose Sharks forward Raffi Torres 41 games for an illegal hit to the head of Anaheim Ducks forward Jakob Silfverberg.

Torres is one of the worst head-shot offenders in recent years, since the Department of Player Safety began cracking down on them. It's the fifth suspension for Torres. He has also been fined three times and warned twice in 703 games, according to director of player safety Patrick Burke, who narrated the suspension video.

Torres had already been suspended for hits to the head of Jordan Eberle (April 2011), Nate Prosser (December 2011), Mar-

ian Hossa (April 2012) and Jarret Stoll (2013).

Silfverberg was his latest victim when Torres lined up the Swede during Saturday night's pre-season game and drove his left shoulder upwards into his head. Silfverberg left for precautionary reasons but was considered OK. Torres was almost a full second late on the hit after Silfverberg was stripped of the puck. He will forfeit \$440K US in salary as a result of the ban.

This suspension is 11 games longer than the one given to Chris Simon in 2007 for stomping on the ankle of Jarkko Ruutu. Torres's previous high was 25 games for the hit on Hossa in the 2012 playoffs.

THE CANADIAN PRESS

NHL IN BRIEF

St. Louis Blues signs veteran forward Upshall

The St. Louis Blues signed forward Scottie Upshall, who had been in training camp as a tryout, to a one-year, two-way contract.

The 31-year-old Upshall is a 12-year veteran and had 15 points in 63 games with Florida last season. He's also played for Columbus, Phoenix, Philadelphia and Nashville and has 234 points in 553 games.

Upshall was a first-round pick in the 2002 draft.

The Blues also assigned four players to Chicago of the AHL. **THE ASSOCIATED PRESS**

Defenceman Robidas likely to miss out on Leafs roster

It appears Stephane Robidas will not be part of the Toronto Maple Leafs' immediate plans.

The Maple Leafs need to make one more move to get down to a 23-player active roster by Tuesday's deadline, and it's believed that the veteran defenceman will be placed on injured reserve to make the roster legal.

Robidas was not at practice on Monday morning as he's dealing with multiple ailments, according to head coach Mike Babcock.

THE CANADIAN PRESS

RECIPE Salmon Parcels



PHOTO: MAMA VISENTEL

Ceri Marsh & Laura Keogh
For Metro Canada



Dinner's all wrapped up with these healthy fish and veggie parcels.

Ready in
Prep time: 25 minutes
Serves 2

Ingredients

- 1 Tbsp sesame oil
- 1 Tbsp rice vinegar
- 1 tsp low sodium soy sauce
- 1 tsp ginger, minced
- 1/2 carrot, cut into matchsticks
- 1 red or yellow pepper, cut into matchsticks
- 1 baby bok choy, white part cut into matchsticks, green part cut into ribbons
- 2 salmon fillets
- Parchment paper

Directions

1. Preheat oven to 400 degrees.
2. Whisk together the sauce of

oil, vinegar, soy sauce and minced ginger. Toss your veggies in the sauce.

3. Cut your parchment into two 12-inch by 18-inch squares. Cut the largest heart shapes you can within the squares. Fold it in half down the middle and make a crease.

4. Working on your bake sheet, place the parchment down and put half of your veggies down on one half of the heart. Then place one piece of fish on top of the veggie bed. Now fold the heart closed and fold and pleat the edges until it is sealed. There will be a little bit at the end that you'll have to tuck under. Repeat with your other parchment heart.

5. Bake in the oven for 15 minutes. Remove and slip the parcels right onto a plate and slice open with scissors. Careful! Steam will come out fast so make a small cut first to allow a bit to escape before cutting more.

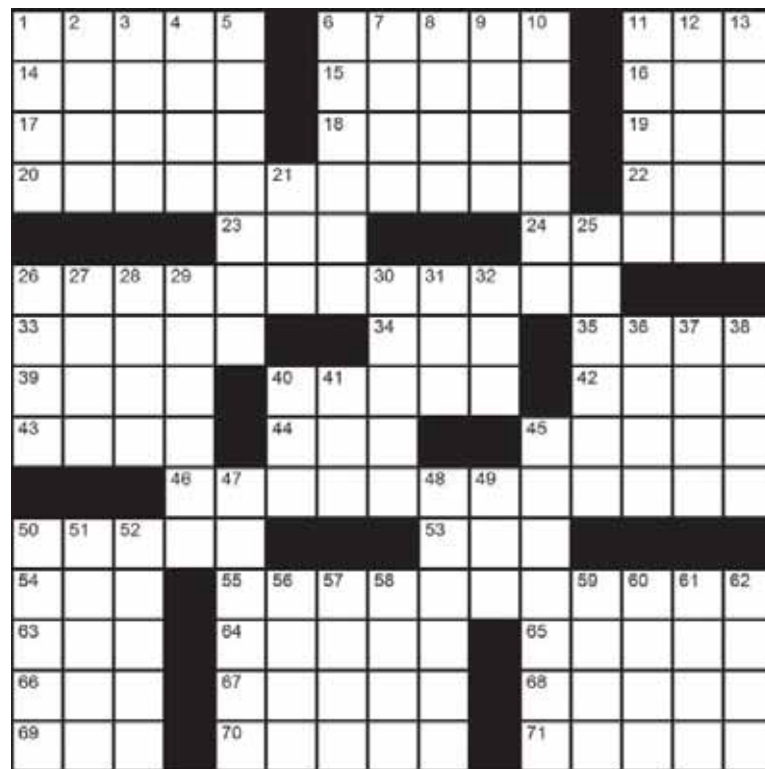
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CROSSWORD Canada Across and Down

BY KELLY ANN BUCHANAN

ACROSS

1. 'Court and __': 1974 Joni Mitchell album
6. Makes spiffy
11. 'Ideal' suffix
14. __ of Troy
15. Mann or Osbourne
16. Schuss
17. Lyre-playing Muse
18. Symbols
19. Perfect rating
20. Tied tie type named for British royalty: 2 wds.
22. Tell a tale
23. Old French coin
24. Make corrections
26. Bountiful symbol especially at Thanksgiving: 3 wds.
33. S-shaped mouldings
34. "It's __" (Greenlight giver's verdict)
35. Beseeched
39. Stick in one's __ (Ramble)
40. Was wearing: 2 wds.
42. __-Seltzer
43. Military cap
44. __defined
45. MC Hammer hit: " __ Touch This"
46. Old fashioned looking door unlockers: 2 wds.
50. Leading letter
53. 1914 to 1918
54. Caustic stuff
55. 1992 Neil Young album: 2 wds.
63. __ pedestal



64. "What's the __ trying?" (Why bother?)
65. "I was __ man in Paris..." - Joni Mitchell
66. U.S. broadcasting watchdog
67. Engage in hen-pecking: 2 wds.

68. Ms. O'Donnell
69. Tea: French
70. Capably [abbr.]
71. Whimsical-funny

DOWN

1. Ed Sullivan's pronunciation of the 'really big' one he hosted

2. Ms. Gilpin
3. Mr. Alda
4. Taken back [abbr.]
5. Minoan civilization's ancient city
6. Get into groups of two: 2 wds.
7. Humphrey's role in "Casablanca"

- (1942)
8. Bit of "Burning Up" by Madonna: "...cause __ fire..."
9. Rock Hudson/Doris Day movie, "Send __ Flowers" (1964)
10. Group of six
11. Basket fibre
12. Coil of yarn
13. Extracted the ore
21. Punched cartoon character's reaction!
25. Canadian show, "Wind at __"
26. Farm animal joint
27. Fiend
28. Gather the crops
29. Sort of recent
30. Gravy boat accessory
31. Self-importance
32. Rimouski refusal
36. Wings, to Nero
37. Lettered fashion label
38. Gobbles the Tofurky
40. "Giddy up!"
41. Totally
45. Cancer's rehearsal outfit
47. Big __ (Very important person)
48. Canadian bank note with Queen Elizabeth's image
49. Cringer's cries!
50. Airborne
51. Movies: David or Kelly
52. Harmony
56. CEO's "Quick!"
57. Mil. unit
58. Test tube's pal
59. "Dial __ Murder" (1954)
60. "... __ it seems." (It appears that way)
61. Trompe l'__ (Visual illusion)
62. American portrait artist, Alice __ (b.1900 - d.1984)

★ IT'S ALL IN THE STARS by Sally Brompton

Aries March 21 - April 20
A relationship issue needs dealing with right now. If you leave it even one more day you will find that the window of opportunity will shut for good. If the relationship means anything to you then save it!

Taurus April 21 - May 21
You don't care if what you say offends other people, in fact you like it. Choose your words for maximum impact today — it is the price they pay for avoiding the truth for so long.

Gemini May 22 - June 21
Don't worry about money matters today because there is nothing you can do about them. Instead, visualize your perfect situation. What you imagine today will happen tomorrow.

Cancer June 22 - July 23
There is no point trying to force other people to see things your way. Whatever you suggest they will do the opposite. You could bluff them but, seriously, is it worth the effort?

Leo July 24 - Aug. 23
Try not to panic, especially if your workload is getting too much for you. Today's Sun-Pluto link tends to make you look on the dark side of every situation. Lighten up, nothing bad is going to happen.

Virgo Aug. 24 - Sept. 23
Show others what you can do but don't for a moment think that you are in some way obligated to perform for their delight. If anything they should be putting on a show for you.

Libra Sept. 24 - Oct. 23
Don't go too far today because your efforts to make a name for yourself could cause problems. You don't have to keep a low profile but you do have to do everything by the book.

Scorpio Oct. 24 - Nov. 22
You will be able to predict what others are going to do before they know it themselves. You can and you must make use of that ability.

Sagittarius Nov. 23 - Dec. 21
Your confidence may be a bit low at the moment but that does not mean you should withdraw from the world. On the contrary, you need to get yourself back into the fray and show those who doubt you that you never give in.

Capricorn Dec. 22 - Jan. 20
Be on your guard if someone promises you something for nothing today. The planets warn that their generosity is not all it seems. You will be expected to do something for them in return — and it could cost you.

Aquarius Jan. 21 - Feb. 19
The harder you work the more there seems still to be done. Slow down a bit. Whatever deadlines you are working under are unnecessary and should be ignored.

Pisces Feb. 20 - March 20
Don't worry too much about the details of what you are doing. Commit yourself to it and have confidence that it will come right in the end. Just don't lose sight of the big picture.

CONCEPTIS SUDOKU by Dave Green

Every row, column and box contains 1-9



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★ OFFER ENDS NOVEMBER 2ND ★



"HIGHEST RANKED COMPACT MULTI-PURPOSE VEHICLE
IN INITIAL QUALITY IN THE U.S." BY J.D. POWER

2015
SOUL 1.6L LX MT Soul SX Luxury shown[†]

THAT'S LIKE PAYING ONLY
\$31^o WEEKLY
LEASE FROM **\$135^o** MONTHLY
\$0 DOWN AT **0% APR** FOR 60 MONTHS*
INCLUDES \$500 DISCOUNT*



2015 SORENTO
"HIGHEST RANKED MIDSIZE SUV
IN INITIAL QUALITY IN THE U.S." BY J.D. POWER

2016
SORENTO 2.4L LX FWD Sorento SX Turbo AWD shown[†]

THAT'S LIKE PAYING ONLY
\$62^o WEEKLY
LEASE FROM **\$268^o** MONTHLY
\$1,800 DOWN AT **1.9% APR** FOR 60 MONTHS*



SORENTO, SOUL



2015 IIHS TOP SAFETY PICK

SORENTO, OPTIMA, SEDONA, SOUL

Clef d'or "Best in Class"
L'ANNUAL DE L'AUTOMOBILE 2015
RIO, FORTE, RONDO



OPTIMA, SPORTAGE AWD, SOUL, FORTE, SEDONA, SORENTO



SORENTO



2016
RIO LX MT Rio4 SX with Navigation shown[†]

THAT'S LIKE PAYING ONLY
\$19^o WEEKLY
LEASE FROM **\$84^o** MONTHLY
\$1,525 DOWN **0% APR** FOR **36** MONTHS*
INCLUDES \$1,500 DISCOUNT*



2015
OPTIMA LX AT Optima SX Turbo shown[†]

WELL-EQUIPPED FROM
\$19,795* INCLUDES
\$5,000* IN CASH DISCOUNTS

GREAT OFFERS ON REMAINING
★ ★ ★ 2015 MODELS ★ ★ ★



The Power to Surprise

5 WE'VE GOT YOU COVERED
*5-year/100,000 km worry-free
comprehensive warranty.

Atlantic Kia dealers
for Atlantic drivers.

See kia.ca for more

Offer(s) available on select new 2015/2016 models through participating dealers to qualified retail customers who take delivery from October 1 to November 2, 2015. Dealers may sell or lease for less. Some conditions apply. See dealer for complete details. Vehicles shown may include optional accessories and upgrades available at extra cost. All offers are subject to change without notice. All pricing and payments exclude delivery and destination fees up to \$1,715, \$100 A/C charge (where applicable), other taxes, licensing, registration, insurance, variable dealer administration fees, fuel-fill charges up to \$100, and down payment (if applicable and unless otherwise specified). Other lease and financing options also available. *0% financing for up to 84 months or up to \$7,000 discount available on other select 2015 models. Discount is deducted from the negotiated purchase/lease price before taxes. Maximum \$7,000 discount is offered on 2015 Optima Hybrid LX (OP74AF) only. Certain conditions apply. See your dealer for complete details. **Representative Financing Example:** Financing offer available on approved credit (OAC), on a new 2015 Forte Koup EX AT (F0722F) with a selling price of \$22,495 is based on monthly payments of \$262 for 84 months at 0% with a \$0 down payment and first monthly payment due at finance inception. Offer also includes \$500 cash discount. Other taxes, registration, insurance and licensing fees are excluded. **Cash Purchase Price** for the new 2015 Optima LX AT (OP74ZF)/2015 Optima Hybrid LX (OP74AF) is \$19,795/\$23,095 and includes a cash discount of \$5,000/\$7,000 including \$6,000 cash discount and \$1,000 ECO credit. Dealer may sell for less. Other taxes, registration, insurance and licensing fees are excluded. Cash discounts vary by model and trim and are deducted from the negotiated selling price before taxes. **Representative Leasing Example:** Lease offer available on approved credit (OAC), on new 2016 Rio LX MT (R054IG)/2015 Soul 1.6L LX MT (S055IF)/2016 Sorento 2.4L LX FWD (SR75AG) with a selling price of \$14,295/\$16,995/\$27,495 is based on monthly payments of \$84/\$135/\$268 for 36/60/60 months at 0%/0%/1.9%, \$1,525/\$0/\$1,800 down payment, \$1,500/\$500/\$0 lease credit and first monthly payment due at lease inception. Total lease obligation is \$3,038/\$8,076/\$16,061 with the option to purchase at the end of the term for \$7,433/\$7,648/\$10,723. Lease has 16,000 km/yr allowance (other packages available and \$0.12/km for excess kilometres). [†]Lease payments must be made on a monthly or bi-weekly basis but cannot be made on a weekly basis. Weekly lease payments are for advertising purposes only. Model shown Manufacturer Suggested Retail Price for 2016 Sorento SX Turbo AWD (SR75IG)/2015 Soul SX Luxury (S0758F)/2015 Optima SX Turbo AT (OP748F)/2016 Rio4 SX with Navigation (R0749G) is \$42,095/\$27,295/\$34,895/\$22,595. The Kia Sorento received the lowest number of problems per 100 vehicles among midsize SUVs in the proprietary J.D. Power 2015 U.S. Initial Quality Study[®]. Study based on responses from 84,367 U.S. new-vehicle owners, measuring 244 models and measures opinions after 90 days of ownership. Proprietary study results are based on experiences and perceptions of U.S. owners surveyed from February to May 2015. Your experiences may vary. Visit jdpower.com. The Kia Soul received the lowest number of problems per 100 vehicles among compact multi-purpose vehicles in the proprietary J.D. Power 2015 U.S. Initial Quality Study[®]. Study based on responses from 84,367 U.S. new-vehicle owners, measuring 244 models and measures opinions after 90 days of ownership. Proprietary study results are based on experiences and perceptions of U.S. owners surveyed from February to May 2015. Your experiences may vary. Visit jdpower.com. The 2015 Rio/2015 Forte/2015 Rondo were awarded with the Clef d'or "Best in Class" by L'Annuel de l'Automobile 2015. Visit www.annuelauto.com for all the details. The 2016 Sorento/2015 Optima/2015 Sedona/2015 Soul were awarded the 2015 Top Safety Pick by the Insurance Institute for Highway Safety (IIHS) for model year 2016/2015/2015/2015. U.S. models tested. Visit www.iihs.org for full details. Government 5-Star Safety Ratings are part of the National Highway Traffic Safety Administration's (NHTSA's) New Car Assessment Program (www.SaferCar.gov). 2015 Kia Soul awarded ALG Residual Value Award for highest resale value in its class. Based on ALG's residual value forecast for the 2015 model year. ALG is the industry benchmark for residual values and depreciation data. www.alg.com. The all-new 2016 Kia Sorento was awarded the "iF Design Award" for its outstanding design. The "iF Design Award" is one of the world's most important prizes for excellence in design. www.ifdesign.de. Information in this advertisement is believed to be accurate at the time of printing. For more information on our 5-year warranty coverage, visit kia.ca or call us at 1-877-542-2886. Kia is a trademark of Kia Motors Corporation.